



## Life & Wellness Coaching

2418 Lakeshore Road West, Oakville, Ontario L6L 1H7  
Phone: 905.465.4595 Web: www.wellnessforthebody.com

### Patient Information (please print clearly)

Name: \_\_\_\_\_ Date of Birth: mm/dd/yyyy \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

*Please consider giving us a daytime phone number, in the event we need to reach you the same day as your appointment.*

Phone: (H) \_\_\_\_\_ (M) \_\_\_\_\_ (B) \_\_\_\_\_

Gender:  Female  Male Occupation: \_\_\_\_\_

Email: \_\_\_\_\_ Would you like to receive our monthly e-newsletter?  Yes  No

Where did you find our number? \_\_\_\_\_

If online, what site referred you?  Google  Facebook  Instagram  Twitter  Other: \_\_\_\_\_

What is your main concern that you would like to work on throughout your sessions?

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What obstacles and struggles do you encounter regarding your habits and current lifestyle that you feel gets in the way from achieving your goals?

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What do you hope to get out of your sessions?

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What are 3 things you LOVE about your life?

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### Cancellation & Fee Policy

We require 24 hours' notice if you are unable to make your scheduled appointment. After an initial warning, there is a charge of \$45.00 for a second missed appointment. All subsequent missed appointments will then be billed at the full regular fee.

I understand and am aware of the Cancellation & Fee Policy. I also agree that if I am late for my appointment, I will receive the remainder of the appointment time and will be responsible for the full payment of the scheduled appointment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_